

# Podcast episode | Coaching and mentoring: tools to support every humanitarian

## Charlotte Balfour-Poole's recommended reading list

- **Coaching and Mentoring Theory and Practice**, Bob Garvey, Paul Stokes, David Megginson
- **Time to Think**, Nancy Kline
- **Living with Time to Think**, Nancy Kline
- **More Time to Think**, Nancy Kline
- **Mentoring Pocketbook**, Geof Alred and Bob Garvey
- **Coaching Pocketbook**, Ian Fleming and Allan Taylor
- **Feedback Pocketbook**, Mike Pezet
- **Counselling for Toads**, Robert de Board (*Transactional Analysis through Toad of Toad Hall, Wind in the Willows*)
- **Don't Sweat the Small Stuff**, Richard Carlson
- **Resilience (Emotional Intelligence)**, Harvard Business Review
- **The Resilience Book**, Helen Exley
- **Techniques for Coaching and Mentoring**, Natalie Lancer, David Clutterbuck, David Megginson
- **The Little Book of Big Coaching Models**, Bob Bates
- **I'm OK, You're OK**, Thomas Harris
- **The Emperor's Handbook**, Marcus Aurelius
- **The Mindful Leader**, Michael Bunting
- **Difficult Conversations**, Douglas Stone, Bruce Patton, Sheila Heen
- **Daring Greatly**, Brene Brown
- **Dare to Lead**, Brene Brown
- **Coaching Skills for Leaders in the Workplace**, Jackie Arnold
- **The Coaching Habit**, Michael Bungay Stanier
- **Diagnosing and Changing Organisational Culture**
- **Be a Changemaker**, Karla Reiss
- **Brilliant Coaching**, Julie Starr
- **Humble Enquiry**, Edgar and Peter Schein
- **The Gift of Coaching**, Eric de Haan
- **The Promises of Giants**, John Amaechi

